Assessment: Personal LTFF Integration Plan

Build Your Personal LTFF Integration Plan

Goal: Turn what you learned in this module into one realistic next step for your organisation.

You do not need to build a complete foresight system immediately. Start with **one meaningful entry point**, introduce a manageable routine and adapt it as you learn.

1. MY LTFF ENTRY POINT

Where could LTFF create value in my organisation right now?

My selected entry point:

Why is this a useful place to start?

My main motivation is:

☐ Solve a current challenge
☐ Prepare for future change
☐ Support a long-term goal

2. MY FORESIGHT MICRO-ROUTINE

Use the micro-routine you developed in **Section 3.2**.

My selected micro-routine:

Where will it take place?

Frequency:

Owner / responsible person:

3. MY MAIN BARRIER

What is most likely to prevent implementation?

☐ Lack of time
☐ Lack of resources
☐ Company culture / resistance
☐ Strategic inertia

☐ Missing skills
☐ Lack of management support
☐ Other: _____

What is one practical action I can take to reduce this barrier?

4. CONNECT FORESIGHT TO A REAL DECISION

Where should foresight insights influence an existing decision or business process?

Examples: strategy meeting, OKR review, product development, innovation process, investment decision or risk review.

One decision or process where I will introduce a **Future Check**:

5. MY FIRST ACTION

The first action I will take after this course is:

I will do this by:

The person or people I need to involve are:

6. MY SUCCESS CHECK

After the first implementation period, I will know the approach is working when:

☐ The micro-routine takes place regularly
☐ Colleagues contribute signals or observations
☐ Future implications are discussed
☐ At least one foresight insight influences a real decision
☐ Responsibility for continuing the routine is clear
☐ Relevant trends or signals are continuously monitored

My personal success indicator:

Review date:

FINAL COMMITMENT

One small change I will make to strengthen future-oriented thinking in my organisation is:

Example 90-Day LTFF Roadmap

Adapt this roadmap to your organisational context, resources and existing processes.

DAYS 1–30 — START

Focus: Start small.

Select one LTFF entry point.
Introduce one micro-routine.
Assign an owner or rotating Foresight Observer.
Connect the routine to an existing meeting or process.

Key question:
Does this work in our daily reality?

DAYS 31–60 — LEARN

Focus: Learn from experience.

Collect first signals and observations.
Discuss possible implications with relevant colleagues.
Identify barriers.
Adapt the routine if necessary.
Connect at least one foresight insight to a real decision.

Key question:
What should we keep, change or simplify?

DAYS 61–90 — EMBED

Focus: Make it repeatable.

Review whether the routine creates value.
Clarify long-term responsibility.
Integrate the routine into regular work where useful.
Decide whether to continue, adapt or add another LTFF activity.

Key question:
Is this valuable enough to become part of how we work?

90-DAY OUTCOME

After 90 days, our next LTFF step will be: